

Capability Statement: Forward Momentum LLC

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PMI REP #: 2727
www.forwardmomentum.net

Key Facts

Forward Momentum, LLC, is a privately-held small business that has operated since 2000.

Forward Momentum is a PMI Registered Education Provider (REP) # 2727.

Company Name: Forward Momentum, LLC
Company Address: 4420 Bent Grass Way, # 101, Flower Mound TX, 75028
DUNS: 10 59 30122
Company Status: 8(a) – Woman-Owned; Small, Disadvantaged Business
 TX certified DBE/WBE

Forward Momentum is registered and current on CCR and ORCA.

NAICS Codes:	
541519	Other Computer Related Services
541611	Administrative Management and General Management Consulting Services
541618	Other Management Consulting Services
611420	Computer Training
611430	Professional and Management Development Training
611691	Exam Preparation and Tutoring

About the Company

Forward Momentum, an 8(a) Woman Owned Small Business, opened its doors in April 2000 to deliver project management, professional development and leadership training and consulting to Fortune 500, federal and state government, and non-profit organizations. In 2006, the company obtained its Federal 8(a) certification as a woman-owned, small disadvantaged business. In 2009, the company obtained its DBE/WBE status under the Texas Unified Certification Program. Forward Momentum provides training as a Registered Education Provider (REP) with the Project Management Institute (PMI).

We have a local presence in the Dallas-Fort Worth area; DC/Virginia area; NY/NJ area; Albany, NY; Phoenix, AZ; Raleigh-Durham, NC; British Columbia, Canada; various other locations.

About the Owner

Forward Momentum founder and owner Vicki Wrona, PMP[®], has over 20 years of experience managing projects, providing consulting support to large corporations and state governments, and delivering training to employees from Fortune 500, non-profit organizations, and federal, state and local government. Ms. Wrona was a member of PMI's committee to create the PMBOK^(R) Guide 4th edition.

Identifying a real need for training that provides the knowledge and skills to leverage best practices, Ms. Wrona and her team of PMI certified project managers have developed the **Practical Project Management^(SM)** series of training courses. There are now over 35 Forward Momentum PMI registered courses (REP # 2727) that qualify students for PDUs.

Services

- **PMI Certified Project Management Training in the Classroom or via Virtual Classroom:**

Forward Momentum has developed a catalog of PMI certified training courses designed to teach management skills. In addition to *PMP[®] Certification Exam Prep* courses, topics include: *Practical Project Management for Today's Complex World*, *Project Triage: Rescuing Troubled Projects*, *Managing Organizational Change*, *The PMO: Developing & Leading the Project Delivery Organization* and more (please refer to Forward Momentum's *Course List* for a full list of courses).

- **Professional Development & Leadership Skills Training:**

Forward Momentum has developed a catalog of instructor-led courses that address areas of leadership, professional development, business skills and communication skills. These courses target improving organizational performance. Topics include: *Dealing with Difficult People*, *Developing High Performance Teams*, *High Performance Customer Service*, *Facilitation Skills*, *Business Writing for Results* and more (please refer to Forward Momentum's *Course List* for a full list of courses).

- **Consulting / Mentoring:**

Forward Momentum PMI certified project managers provide on-site management and/or support while at the same time ensuring that each member of the client project team becomes more effective for future success. Forward Momentum's attention to detail and personal approach has helped many organizations reach their goal of increasing organizational project management sophistication by equipping employees with the skills and knowledge to practically and effectively approach complex, cross-functional projects in an orderly fashion.

Forward Momentum senior consultants are also able to step in to provide the interventions needed to methodically rescue projects that are in danger or to help establish consistent practices through a Project/Program Management Office.